



Program Learning/Performance Objectives and Mentor Checklist for all Study Guides (Plan A, Plan B, Plan V)

Study Guide 9 – HORIZONTAL JUMPS: GENERAL RULES

Participant’s Name: _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for 1-4 years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meets but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist may be “Not Applicable (NA) but those items are very limited. Ex. A 14-year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Table with 4 columns: Learning/Performance Objectives, PO #, Date Completed, Mentor's Initials. Rows include USATF RULE 184, Take-off Board, Construction, Plasticine Indicator Board, Landing Areas, Measurement of Each Jump, and Wind Measurement.

Comments: _____
